How to don gloves



Take out a glove from its original box



Take the second glove with the bare hand and touch only the restricted surface of glove corresponding to the wrist



Touch only a restricted surface of the glove corresponding to the wrist (at the top edge of the cuff)



To avoid touching the skin of the forearm with the gloved hand, turn the external surface of the glove to be donned on the folded fingers of the gloved hand, thus permitting to glove the second hand



Don the first glove



Once gloved, hands should not touch anything that is not defined by indications and conditions for glove use

How to remove gloves



Pinch one glove near the wrist to remove it, without touching the skin of the forearm, and peel away from the hand, thus allowing the glove to turn inside out



Hold the removed glove in the gloved hand and slide the fingers of the ungloved hand inside between the glove and the wrist. Remove second glove by rolling it down the hand and fold into the first glove



Discard the removed gloves



Then, perform hand hygiene by rubbing with an alcohol-based handrub or by washing with soap and water



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