



WORKWEAR SIZE GUIDE

MEN'S SHORTS, TROUSERS, COVERALL & OVERALLS

| REGULAR SIZES | 72R | 77R | 82R | 87R | 92R | 97R | 102R | 107R | 112R | 117R | |
|-----------------------|-------|-------|-------|-------|-------|-------|-------|-------|--------|--------|--------|
| IMPERIAL SIZE | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | |
| TO FIT CHEST (cm) | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | |
| TO FIT WAIST (cm) | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | |
| TO FIT WAIST (inches) | 28 | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | |
| TO FIT INLEG (cm) | 75 | 77 | 77 | 79 | 81 | 83 | 84 | 87 | 87 | 87 | |
| STOUT SIZES | 82S | 87S | 92S | 97S | 102S | 107S | 112S | 117S | 122S | 127S | 132S |
| IMPERIAL SIZE | 2 1/4 | 3 1/4 | 4 1/4 | 5 1/4 | 6 1/4 | 7 1/4 | 8 1/4 | 9 1/4 | 10 1/4 | 11 1/4 | 12 1/4 |
| TO FIT CHEST (cm) | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 | 137 | 142 |
| TO FIT WAIST (cm) | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 | 132 |
| TO FIT WAIST (inches) | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 |
| TO FIT INLEG (cm) | 70 | 70 | 73 | 73 | 73 | 75 | 75 | 75 | 75 | 75 | 75 |
| LONG SIZES | | 79L | 84L | 89L | 94L | | | | | | |
| IMPERIAL SIZE | | 4 1/2 | 5 1/2 | 6 1/2 | 7 1/2 | | | | | | |
| TO FIT CHEST (cm) | | 92 | 97 | 102 | 107 | | | | | | |
| TO FIT WAIST (cm) | | 79 | 84 | 89 | 94 | | | | | | |
| TO FIT WAIST (inches) | | 31 | 33 | 35 | 37 | | | | | | |
| TO FIT INLEG (cm) | | 84 | 84 | 86 | 88 | | | | | | |

SHIRTS, POLOS, T-SHIRTS, JUMPERS & JACKETS

| SIZES | 2XS | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL | 6XL |
|--------------------|-------|-------|-------|--------|---------|---------|---------|---------|---------|---------|---------|
| WOMEN'S CONVERSION | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | |
| TO FIT NECK (cm) | 33/34 | 35/36 | 37/38 | 39/40 | 41/42 | 43/44 | 45/46 | 48/49 | 50/51 | 52/53 | 55/56 |
| TO FIT CHEST (cm) | 73-79 | 80-86 | 87-93 | 94-100 | 101-107 | 108-114 | 115-120 | 120-125 | 125-130 | 130-135 | 135-140 |

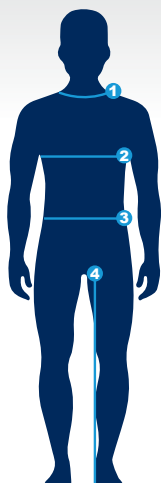
WOMEN'S SHIRT & TROUSERS

| SIZES | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 |
|--------------------------------|-----|----|----|-----|-----|-----|-----|-----|-----|-----|
| TO FIT BUST (cm) | 82 | 87 | 92 | 97 | 102 | 107 | 112 | 117 | 122 | 127 |
| TO FIT NATURAL WAIST | 60 | 65 | 70 | 75 | 80 | 85 | 90 | 95 | 100 | 105 |
| TO FIT LOWER WAIST (cm) | 67 | 75 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 |
| TO FIT HIPS (cm) | 87 | 93 | 98 | 103 | 108 | 113 | 118 | 123 | 128 | 133 |
| TO FIT INLEG (cm) | 74 | 76 | 78 | 80 | 80 | 82 | 82 | 84 | 84 | 84 |
| CONVERSION TO MEN'S PANTS (cm) | 67 | 72 | 77 | 82 | 87 | 92 | 97 | 102 | 107 | 112 |
| CONVERSION TO MEN'S SHIRTS | 2XS | XS | S | M | L | XL | 2XL | 3XL | 4XL | 5XL |

| SOCK SIZE | TO FIT FOOT LENGTH (cm) | TO FIT SHOE | |
|-----------|-------------------------|-------------|---------|
| | | AUS/UK | USA |
| 6 - 10 | 22 - 27 | 6 - 10 | 7 - 11 |
| 11 - 14 | 27 - 32 | 11 - 14 | 12 - 15 |



| HEADWEAR - CAPS/BEANIE |
|-------------------------------------|
| ONE SIZE FITS ALL |
| To fit head circumference |
| 55 - 62cm 21 3/4 - 24 1/4 inch |



1 NECK:

Measure around your neck where the collar sits, allowing two fingers behind tape measure for comfort.

2 CHEST/BUST:

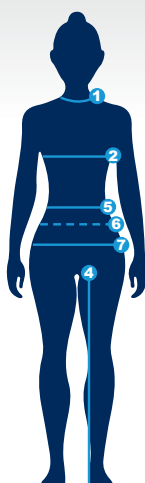
Measure straight and around the fullest part of your chest or bust. Ensuring tape is kept level and straight across the back.

3 WAIST:

Measure around natural waist line. This is where your pants sit and measure over under garments and not over pant waistband. Keep tape level yet not too tight against skin.

4 INLEG:

Measure inside leg from the crotch seam to the heel of the shoe.



FOR A COMFORTABLE FIT

It is important to measure correctly.

WHEN MEASURING

Make sure the tape measure is level and not tight.

5 NATURAL WAIST:

At belly button.

6 LOWER WAIST:

4-5cm below belly button.

7 HIP:

Measure loosely around the fullest part of the hips keeping the tape level at the back and measure over undergarments.

SPECIAL NOTES

FOR COVERALLS

Choose one size up from the pants size you wear. Coveralls & Overalls are meant to be worn over other clothing.

FOR TROUSERS

Use only waist and inside leg measurements to make your selection.

FOR SHIRT CHEST

Please note this is "TO FIT" chest measurement - shirts chest measurements are bigger for comfort and movement.

FOR JACKETS

Use chest measurement only. Jackets are normally worn over clothing and have been designed to be slightly bigger than a shirt.